

Physical & Health Education SUBJECT OVERVIEW Carl Hankey School 2018-19

SUBJECT: PE

MYP Year 1

TEACHER: Paterno

Unit Title Time Frame	Key Concept	Related Concept(s)	Global Context	Statement of Inquiry	MYP Subject Objectives	ATL Skills	Content
Sports Across the Globe & the Learner Profile Traits Sept-June (25 hours)	Connections	Balance	Health & Well-being	Connections can affect balance impacting health and well-being .	<p>A. Knowing & Understanding</p> <p>i. explain physical and health education factual, procedural and conceptual knowledge</p> <p>ii. apply physical and health education knowledge to analyze issues and solve problems in familiar and unfamiliar situations.</p> <p>iii. apply physical and health terminology effectively to communicate understanding.</p> <p>D. Reflecting & Improving Performance</p> <p>i. Explain and demonstrate strategies to enhance interpersonal skills.</p> <p>ii. Develop goals and apply strategies that enhance interpersonal skills</p> <p>iii. analyse and evaluate performance</p>	<p>Communication Collaboration Reflection</p> <p>Communication Skills (ATL Category: Communication, ATL Cluster: Communication skills).</p> <p>Collaboration Skills- (ATL Category: Social, ATL Cluster: Collaboration Skills) In order for students to (ATL Category: Social, ATL Cluster: Collaboration Skills)</p>	<p>1.1 Demonstrate mature techniques for the following patterns: overhand, sidearm, and underhand throwing; catching; kicking/punting; striking; trapping; dribbling (hand and foot); and volleying</p> <p>1.3 Combine manipulative, locomotor, and nonlocomotor skills into movement patterns.</p> <p>1.4 Demonstrate body management and object-manipulation skills needed for successful participation in individual and dual physical activities.</p> <p>1.5 Demonstrate body management and locomotor skills needed for successful</p>

						<p>Reflection Skills- (ATL Category: Self-management, ATL Cluster: Reflection Skills)</p>	<p>participation in track and field and combative activities.</p> <p>1.6 Demonstrate body management and object-manipulation skills needed for successful participation in introductory adventure/outdoor activities.</p> <p>3.1 Assess the components of health-related physical fitness (muscle strength, muscle endurance, flexibility, aerobic capacity, and body composition) by using a scientifically based health-related fitness assessment.</p>
Dance & Music (30 hours)	Systems & communication	Movement (choreography)	Personal & Cultural Expression	The systems of choreography and composition communicate personal and cultural expression.	C. Applying & performing ii. Demonstrate & apply a range of strategies and movement concepts effectively.	<p>Collaborate with peers and experts using a variety of digital environments and media.</p> <p>Listen actively to other perspectives and ideas</p> <p>Give and receive meaningful feedback</p> <p>Identify strengths</p>	<p>1.7 Perform folk and line dances.</p> <p>1.8 Develop, refine, and demonstrate routines to music.</p> <p>2.10 Identify steps and rhythm patterns for folk and line dances.</p> <p>2.11 Explain how movement qualities contribute to the aesthetic dimension of physical activity</p>

						and weaknesses of personal learning strategies	
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